

# YOUNG CHILD HEALTH HISTORY



Child's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Gender: \_\_\_\_\_ Height: \_\_\_\_\_ ft \_\_\_\_\_ inches Weight: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Pediatrician/Family MD: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

## Parent/Guardian Information

Parent/Guardian Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

## PEDIATRIC HISTORY

Birth Weight: \_\_\_\_\_ Birth Height: \_\_\_\_\_ Duration of Gestation: \_\_\_\_\_ weeks

Hospital/Birthing Center:  Home  Medical  Midwife

Birth Intervention:  Forceps  Vacuum  C-Section

Was the Delivery Normal?  Yes  No → Please explain: \_\_\_\_\_

### CHEMICAL STRESSORS

Did Your Child Receive Vaccinations:  No  Yes →  Recommended Schedule  Delayed Schedule

Vaccine Reaction:  No  Yes → Explain \_\_\_\_\_

Does Your Child Receive Annual Flu Shots:  No  Yes

Has Your Child had Antibiotics?  No  Yes → How many courses in last 6 months? \_\_\_\_\_

Reason for antibiotics: \_\_\_\_\_

Medications:  No  Yes → List: \_\_\_\_\_

#### Child's Diet:

Bottles of water/day:  0  1-3  4-6  7+

Cow's Milk:  0  1-3  4-6  7+

Juice:  0  1-3  4-6  7+

Sweet/Unsweet Tea:  0  1-3  4-6  7+

Soda/Energy Drinks:  0  1-3  4-6  7+

Does your child eat dairy?  No  Yes  Trying to Decrease

Does your child eat refined sugars (white bread, pasta, cereal)?  No  Yes  Trying to Decrease

Does your child eat boxed/frozen food?  No  Yes  Trying to Decrease

Does your child eat school lunch?  No  Yes  Sometimes

Does your child eat fresh fruit?  No  Yes  Selective

Does your child eat vegetables?  No  Yes  Selective

Describe your child's diet:  Eats Everything  Tries most foods  Selective  Very Selective

Food Allergies/Intolerances:  No  Yes → List: \_\_\_\_\_

### EMOTIONAL STRESSORS

Child Sleeping Difficulties (ex. Night terrors, sleep walking, etc.)  No  Yes → Explain: \_\_\_\_\_

Child Behavior Problems:  No  Yes → Explain: \_\_\_\_\_

Average Amount of TV/Technology/**Day**: \_\_\_\_\_ hours

Average Amount of Time Spent Outdoors/**Day**: \_\_\_\_\_ hours

### TRAUMATIC STRESSORS

Majors Falls/Accidents:  No  Yes → List: \_\_\_\_\_

Surgeries:  No  Yes → List: \_\_\_\_\_

Hospitalizations:  No  Yes → List: \_\_\_\_\_

Does Your Child Play Sports?  No  Yes → List: \_\_\_\_\_ Hours/Week: \_\_\_\_\_

Weight of Child's Back Pack: \_\_\_\_\_ lbs.

## PRESENT PEDIATRIC HEALTH

**Purpose of this Visit:**    Wellness Visit    Injury/Accident    Other \_\_\_\_\_

**If Your Child is Experiencing Pain:**

Location of Pain: \_\_\_\_\_ Duration: **(how long?)** \_\_\_\_\_

What brought on the Pain? \_\_\_\_\_

When did the Problem Begin?    Unknown    Gradual    Sudden

Ever had this Problem Before:  No    Yes → \_\_\_\_\_

What makes it Better? \_\_\_\_\_

What makes it Worse? \_\_\_\_\_

How is this Problem NOW?

Rapidly Improving    Improving Slowly    About the Same    Gradually Worsening    On & Off

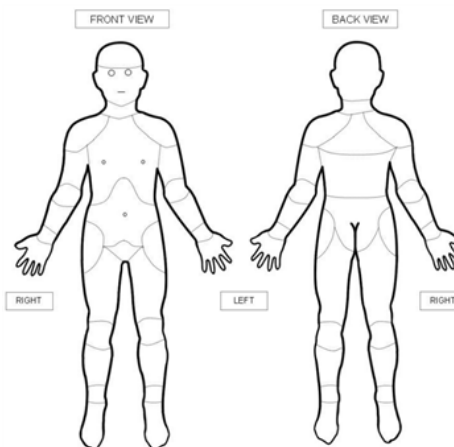
Is there a time of day where the pain is more noticeable? \_\_\_\_\_

Bowel or Bladder Problems since this problem started?  No    Yes → \_\_\_\_\_

Have you seen **other doctors** for this problem?  No    Yes → \_\_\_\_\_

Limitations as a result of problem?  No    Yes → \_\_\_\_\_

Medications for this Problem?  No    Yes → \_\_\_\_\_



## **Accidents/Falls/Past Injuries**

**HAS YOUR CHILD EVER SUFFERED FROM: *Check ALL that apply:***

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Headaches            | <input type="checkbox"/> Orthopedic Problems | <input type="checkbox"/> Digestive Disorders           | <input type="checkbox"/> Behavioral Problems   |
| <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Neck Problems       | <input type="checkbox"/> Poor Appetite                 | <input type="checkbox"/> ADD/ADHD              |
| <input type="checkbox"/> Fainting             | <input type="checkbox"/> Arm Problems        | <input type="checkbox"/> Stomach Aches                 | <input type="checkbox"/> Ruptures/Hernia       |
| <input type="checkbox"/> Seizures/Convulsions | <input type="checkbox"/> Leg Problems        | <input type="checkbox"/> Reflux                        | <input type="checkbox"/> Muscle Pain           |
| <input type="checkbox"/> Heart Trouble        | <input type="checkbox"/> Joint Problems      | <input type="checkbox"/> Constipation                  | <input type="checkbox"/> Growing Pains         |
| <input type="checkbox"/> Chronic Earaches     | <input type="checkbox"/> Backaches           | <input type="checkbox"/> Diarrhea                      | <input type="checkbox"/> Asthma                |
| <input type="checkbox"/> Sinus Trouble        | <input type="checkbox"/> Poor Posture        | <input type="checkbox"/> Hypertension                  | <input type="checkbox"/> Walking Trouble       |
| <input type="checkbox"/> Scoliosis            | <input type="checkbox"/> Anemia              | <input type="checkbox"/> Colds/Flu                     | <input type="checkbox"/> Sleeping Problems     |
| <input type="checkbox"/> Bed Wetting          | <input type="checkbox"/> Colic               | <input type="checkbox"/> Broken Bones                  | <input type="checkbox"/> Ear Tubes             |
| <input type="checkbox"/> Tonsils Removed      | <input type="checkbox"/> Adenoids Removed.   | <input type="checkbox"/> Fall off swing                | <input type="checkbox"/> Concussion            |
| <input type="checkbox"/> Fall from bed/couch  | <input type="checkbox"/> Fall down stairs    | <input type="checkbox"/> Fall off bike                 | <input type="checkbox"/> Fall from hover board |
| <input type="checkbox"/> Fall off skateboard  | <input type="checkbox"/> Trampoline Injury   | <input type="checkbox"/> Fall off playground equipment |  |

## **INFORMED CONSENT**

**REGARDING:** Chiropractic Adjustments, Modalities, and Therapeutic Procedures:

I have been advised that chiropractic care, like all forms of health care, holds certain risks. While the risks are most often very minimal, in rare cases, complications such as sprain/strain injuries, irritation of a disc condition, and although rare, minor fractures, and possible stroke, which occurs at a rate between one instance per one million to one per two million, have been associated with chiropractic adjustments.

Treatment objectives as well as the risks associated with chiropractic adjustments and, all other procedures provided at E320 Chiropractic have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.

I understand and agree that the accident and health insurance policies are an arrangement between an insurance carrier and myself. I understand that E320 Chiropractic LLC will prepare any necessary reports and forms to assist me in making collections from the insurance company. However, I clearly understand and agree that all services rendered are charged to me directly and that I am personally responsible for all charges at the time of service.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **MEDICAL INFORMATION RELEASE FORM** (HIPAA Release Form)

Name: \_\_\_\_\_

**Release of Information:** I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

Parent/Guardian: \_\_\_\_\_  Information is not to be released to anyone.

Other: \_\_\_\_\_

**This Release of Information will remain in effect until terminated by me in writing.**

**Messages: (If we are unable to reach you)**

- |   |   |
|---|---|
| <input type="checkbox"/> You may leave a detailed message | <input type="checkbox"/> Please leave a message asking me to return your call |
| <input type="checkbox"/> Send a text Message              | <input type="checkbox"/> Send an email  |

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

## **X-RAY AUTHORIZATION**

As your healthcare provider, we are legally responsible for your chiropractic records. We must maintain a record of your x-rays in our files.

At your request, we will provide you with a copy of your x-rays in our files. **The fee for copying your x-rays on a disc is \$15.00.** This fee must be paid in advance. Digital x-rays on a CD will be available within 72 hours of prepayment on any regular practice hours day. Please Note: x-rays are utilized in this office to help locate and analyze vertebral subluxations.

These x-rays are not used to investigate medical pathology. The doctor of E320 Chiropractic does not diagnose or treat medical conditions; however, if any abnormalities are found, we will bring it to your attention so that you can seek proper medical advice.

**By Signing Below, you are agreeing to the above terms and conditions.**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Female Patients:** To the best of my knowledge, I believe I am not pregnant at the time x-rays are taken at E320 Chiropractic.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_